

Personality Development

Multiple Choice Questions & Answer:-

1. Which of the following statements is TRUE about Introverts?

- a. Introverts have lower level of arousal than Extraverts for the same stimulus.
- b. Introverts can become overstimulated.
- c. Introverts are more easily conditioned to emotional stimuli than those high in Neuroticism.
- d. Introverts are more impulsive than Extraverts.
- e. Introverts have less control over emotional reactions than those high in Psychoticism.

Answer: b

2. At what time of life does Erikson stage Industry vs. Inferiority occur?

- a. old age
- b. adolescence
- c. infancy

- d. school age
- e. adulthood

Answer: d

3. Which of these are associated with insecurely attached infants in later life?

- a. less competent
- b. has less mature friends
- c. less socially skilled
- d. b and c
- e. all of the above

Answer: e

4. If a young adult sees stealing as wrong because of the harm it brings to someone, which of Kolberg's stages are they displaying?

- a. punishment and obedience orientation

- b. good boy?good girl orientation
- c. legalistic orientation
- d. social order orientation
- e. naïve hedonistic orientation

Answer: c

5.Which of these is a misconception about heredity?

- a. heredity means that a person will not change
- b. it is a waste of effort to try to influence a trait that has a strong heredity component
- c. if the heritability of a trait is high, it shows that society has had little influence on the trait
- d. if a trait is inherited, it will have similar effects in the various people who inherit it
- e. All of the above

Answer: e

6.Bob hasn't missed a day of work since he started his job three years

ago. Every morning he comes in with a smile on his face that remains there until he leaves. He works for a charity and it gives him great satisfaction to know that he's helping others. He loves his job. Bob is most likely

- a. a workaholic
- b. driven by Protestant work ethic
- c. burned out
- d. work enthusiast
- e. none of the above

Answer: d

7. A relationship based on a previous friendship that developed into lovers is characteristic of what love style?

- a. Agape
- b. Storge
- c. Ludus
- d.Pragma
- e. Mania

Answer: b

8. A mother and her infant son are being tested by Aisworth's Strange Situation procedure. After the mother has left and comes back onto the room the child acts like he is mad at the mother. This child is said to be?

- a. secure
- b. anxious
- c. highly neurotic
- d. avoidant
- e. shy

Answer: d

9. Some people crave high levels of arousal through high levels of stimulation. They are said to be

- a. sensation seekers
- b. excitation transfers
- c. securely attached

- d. inhibited
- e. workaholics

Answer: a

10. Which of the following is not a characteristic of a Protestant Work Ethic?

- a. hard work
- b. high in delay of gratification
- c. do not value leisure
- d. spend a lot of money
- e. none of the above

Answer: d

11. James Marcia's 4 identity stages are:

- a. diffusion, foreclosure, achievement, longitudinal achievement
- b. diffusion, foreclosure, moratorium, longitudinal achievement

- c. identity diffusion, identity foreclosure, moratorium, identity achievement
- d. identity diffusion, identity foreclosure, identity achievement, identity attachment
- e. identity diffusion, identity foreclosure, moratorium, identity attachment

Answer: b

12. According to Erikson's eight stages of psychosocial development, during which age does the psychological stage of trust vs. mistrust develop?

- a. early childhood
- b. infancy
- c. adolescence
- d. adulthood
- e. old age

Answer: b

13.Which one(s) is (are) myths about heredity?

- a. If the heritability of a trait is high, it shows that society has had little influence on the trait
- b. Heredity means that the person will not change
- c. If a trait is inherited, it will have similar effects in the various people who inherit it.
- d. all of the above
- e. none of the above

Answer: d

14.Which love style does this example fir? "I try to keep lover a little uncertain about my commitment to him/her".

- a. Pragma
- b. Agape
- c. Storge
- d. Ludus
- e. Eros

Answer: d

15. Bill Clinton displays what form of political personality?

- a. paranoid
- b. passive-independent
- c. active-independent
- d. active-dependent
- e. none of the above

Answer: d

16. Which of the following would be true of birth order?

- a. First born and only children are higher in achievement motivation
- b. Young children are more relation oriented.
- c. Having younger siblings increases power motivation.
- d. All of the above
- e. None of the above

Answer: d

17. Which of the following would be an evolved trait(s)?

- a. tendency to overeat
- b. quick response to danger
- c. aggression in men
- d. all of the above
- e. none of the above

Answer: d

18. A "strange-situation" setting is developed in a lab. After a mother and her young child are playing and interacting with each other as they so often do, the mother suddenly leaves. The observer witnesses the child becoming hysterical and upset, and when the mother returns, the child will not let go of her. The child is said to be

- a. securely attached
- b. anxiously attached

- c. avoidantly attached
- d. completely attached
- e. none of the above

Answer: b

19. After studying and testing Erikson's ideas on psychosocial development, James Marcia, focusing on adolescence and identity formation, extended Erikson's work by establishing four identity statuses. Which one is NOT a part of Marcia's model?

- a. identity diffusion
- b. identity foreclosure
- c. moratorium
- d. identity achievement
- e. they are all statuses identified by Marcia

Answer: e

20. Which of the following is a way to measure activity level in an infant?

- a. how often they smile
- b. how much they sleep
- c. how much they want to be held
- d. all of the above
- e. none of the above

Answer: b

21. Ever since Roxanne could remember, she had always wanted to be an Olympic gymnast? never once had she suggested anything else! In grade school, she asked parents to send her to gymnast team. When her friend asked her to go to "career day", Roxanne said that she didn't need to. According to Marcia, she is demonstrating

- a. identity achievement
- b. identity diffusion
- c. identity foreclosure
- d. moratorium
- e. none of the above

Answer: c

22. John and Jane have two children? Billy, 21 and Jerome who's only 10. Which of the following statement is probably true?

- a. Billy has low n Affil and high n Ach
- b. birth order has no impact on personality
- c. Jerome has high n Ach and high n Power
- d. Jerome's personality will drastically change as he becomes older
- e. none of the above

Answer: a

23. According to James Marcia, a person who has never doubted what they wanted to become and so never explored other options is considered to be

- a. in moratorium
- b. identity achieved
- c. identity foreclosed
- d. in identity diffusion status
- e. none of the above

Answer: c

24. Which one of the following descriptions is best associated with Protestant Work Ethic?

- a. Always attributes success to ability
- b. Tends to spend money a lot
- c. Belief in the value of hard work
- d. Take credit for the work of others
- e. Feels driven to work and is not happy

Answer: c

25. The identity status that Marcia came up with that involved the early acceptance of choice is what?

- a. identity diffusion
- b. identity foreclosure
- c. moratorium

- d. identity achievement
- e. none of the above

Answer: b

26. Which would stress the idea of delay of gratification?

- a. workaholic
- b. work enthusiast
- c. Protestant work ethic
- d. perfectionist
- e. attachment theory

Answer: c

27. Which style of love matches this statement "I try to keep my lover a little uncertain about my commitment to him/her"?

- a. Eros
- b. Ludus

- c. Storge
- d. Pragma
- e. Mania

Answer: b

28. Kathryn Mazzaferro Of the following, which is not considered a delay of gratification?

- a. receiving a decent job, but holding out for a job with more pay and better hours
- b. going to college
- c. wanting to buy an article of clothes, but instead waiting for it to go on sale
- d. buying a National Enquirer in the check out line at the grocery store
- e. offering a child a prize, but then the child decides to wait for an even bigger prize

Answer: d

29. What aspect(s) of personality are believed to have evolved in

humans?

- a. overeating
- b. quick response to danger
- c. aggression in men
- d. all of the above
- e. b and c only

Answer: d

30. People high in the trait of _____ are more easily conditioned with emotional stimuli.

- a. neuroticism
- b. extraversion
- c. psychoticism
- d. agreeableness
- e. conscientiousness

Answer: a

31. The research strategy for assessing personality stability that studies two or more groups assumed to be at different stages of development is

- a. stratification
- b. cross-sectional
- c. binominal
- d. longitudinal
- e. none of the above

Answer: b

32. _____ vs. _____ achieved a high .75 on the heritability of Cattell's 16 PF.

- a. relaxed vs. tense
- b. conservative vs. liberal
- c. concrete vs. abstract
- d. sober vs. enthusiastic
- e. none of the above

Answer: c

33. Which of the following is NOT one of the Erikson's stages of psychosocial development?

- a. Industry vs. Inferiority
- b. Intimacy vs. Isolation
- c. Trust vs. Mistrust
- d. Life vs. Death
- e. All of the above are stages

Answer: d

34. A baby being measured for attachment using Ainsworth's Strange-situation procedure appears to be extremely clinging and attached to the mother's side when she comes back into the room. This baby would be classified as

- a. secure
- b. anxious

- c. happy
- d. avoidant
- e. clingy

Answer: b

35. Generativity is best described as

- a. part of Erikson's later adulthood stage
- b. a desire to help others
- c. the ability to make general observations
- d. both a and b
- e. all of the above

Answer: d

36. Ainsworth's three types of attachment in an infant's "strange situation" are

- a. secure, avoidant, anxious

- b. secure, avoidant, achievement
- c. generativity, avoidant, achievement
- d. secure, active, anxious
- e. none of the above

Answer: a

37.The part of personality development where one seems to have no evidence of exploration and also does not have a clear identity is

- a. identity diffusion
- b. identity foreclosure
- c. moratorium
- d. identity achievement
- e. none of the above

Answer: a

38.Which of these is not an inherited emotion?

- a. emotional reactivity
- b. anxiety proneness
- c. display of feelings
- d. sensation seeking
- e. all of the above are inherited emotions

Answer: e

39. According to James Marcia's identity statuses, which of the following is NOT an identity status?

- a. identity foreclosure
- b. identity association
- c. moratorium
- d. identity diffusion
- e. identity achievement

Answer: b

40. George is in preschool. His teachers notice that he is hyper?likes to

jump around a lot and cannot sit still during nap time. George is probably

- a. high in sociability
- b. anxious attached child
- c. introvert
- d. high in activity level
- e. both a and d

Answer: d

41. Dennis always wanted to be a doctor. His parents pushed him in biology and chemistry. When he applied for college, he declared his major as pre-medical and only took classes that would help him to get into Medical School. According to the identity status paradigm, Dennis is in which stage?

- a. identity foreclosure
- b. moratorium
- c. identity diffusion
- d. identity lease

e. none of the above

Answer: a

42. An identity that results in an individual exploring different options before making a decision is said to be

- a. identity diffusion
- b. identity foreclosure
- c. moratorium
- d. negative identity
- e. identity achievement

Answer: c